Round 2 Intervention: Doctor-Informed Third Image and Real-World Information

The script used in Round 2 of this project. The consent and privacy check comes first and is completed before any question, image or recording.

Part A. Consent and privacy check (before anything else)

Do this at the start of every session, before the recording starts. Then start the recording and ask for agreement again, so that it is on the recording.

A1. Welcome back, and are you still willing?
"Thank you for coming back. Are you still happy to take part in this second conversation? You can say no, or stop, with no consequences."
[ ] Yes [ ] No. If no, thank them and stop.

A2. You can stop at any time
"You can skip any question, pause, or stop at any time, and you do not have to give a reason. If you feel uncomfortable at any point, tell me and we will stop straight away."

A3. Recording and the blog, again
"Do you remember that parts of the recording, or the transcript, may be uploaded to my blog, which other people can read or listen to? Do you still agree with the choice you made last time, or would you like to change it?"

- [ ] Audio may be uploaded [ ] Transcript only [ ] Project only, not the blog [ ] Not recorded

A4. The new image
"In this session I will show you a third image. It is also an AI image, made from the advice of a doctor. Are you happy for it to be made from your photo? Do you agree that it may be shown on the blog, or would you prefer it is not shown?"

- [ ] May be shown [ ] Not shown on the blog

A5. Privacy
"On the blog I will only call you by a number, such as Participant 3, and not by your name. I will leave out your workplace or anything that could identify you. If you change your mind, you can ask me to remove your recording, photos and answers, and you can ask to see or hear what I plan to use before it is posted."

A6. Feelings and support
"Some of the information today may be difficult to hear. We can pause or stop at any time. I am not a doctor or a psychologist and I cannot give advice. If you would like to talk to someone, I can point you to a qualified professional."

A7. Questions, then agreement (on the recording)
"Do you have any questions? Are you happy to go ahead?"
[ ] Questions answered [ ] Agreed to take part [ ] Recording choice confirmed [ ] Image choice confirmed

Consent record, one per participant

Item	Answer
Participant number	
Still willing to take part	Yes / No
Recording choice confirmed or changed	
Third image: may be shown on the blog	Yes / No
Knows they can stop or withdraw at any time	Yes / No
Date	

Keep checking during the session. Ask "Are you still comfortable to continue?" before the third image is shown, after it is shown, and at the end. If the answer is no or unsure, pause or stop, and respect it.

Part B. The Round 2 intervention

Materials

- The original photo and the Round 1 AI image.
- A third image, made from the advice of a doctor for this person's request. It is a realistic, conservative version, not the ideal image.
- A one-page plain-language information sheet about the procedure: what it does, how long it lasts, recovery, risks and alternatives.
- A recorder, and the consent record sheet.

Rules for the interviewer

- Show benefits and risks in the same format and at the same length.
- Do not recommend doing or not doing the procedure.
- Do not soften or stress the doctor's warnings.
- Say clearly that the third image is a discussion tool, not a prediction.

Steps

Step 1. Complete Part A. Start the recording and ask for agreement again.

Q1. What new thoughts have you had since last time? Has anything else influenced you in this period?

Step 2. Check-in. "Are you still comfortable to continue? I am about to show you the third image and the information."

Step 3. Show the third image and the information sheet, with this statement first:
"The third image is for discussing possible real-world differences. It is not a prediction of your personal result."

Q2. After seeing the third image and the related information, please say in your own words what these images can tell you, and what they cannot tell you.

Q3. How does this information relate to your original reasons and expectations? Did it affect your thinking? How, specifically?

Step 4. The four fixed questions (Q4 to Q7), the same as in Round 1.

Q4. Why are you considering this change to your appearance now?

Q5. What do you hope this change will bring you, and why does that matter to you?

Q6. What do you value most right now, and what is still unclear to you?

> **Q7.** What are you leaning towards doing at the moment, and what are your main reasons?

Step 5. Close. "Are you still comfortable with everything we have recorded? Is there anything you would like me to leave out?" Thank them, repeat that they can withdraw later, and give the contact details again. Offer to point them to a qualified professional if the conversation raised difficult feelings.

Notes for the interviewer

- Keep your words and tone neutral. Pausing, changing the plan and going ahead are all fine.
- Do not diagnose. If a participant seems very distressed, stop the questions, offer to stop, and suggest a qualified professional.
- Round 2 answers are used in Round 3, where the participant's own words are shown back to them.