Round 1 Intervention: Interview, Original Photo and Ideal AI Image

The script used in Round 1 of this project. The consent and privacy section comes first and is completed before any question, photo or recording.

Part A. Consent and privacy (before anything else)

Do this before any questions, before any photo is taken or used, and before the recording starts. Then start the recording and ask for the participant's agreement again, so that it is on the recording.

A1. What this is
"Thank you for talking to me. I am an art and design student, and this is part of my project about how people think through a possible change to their appearance. I am not a doctor, and nothing here is medical advice. I will not recommend that you do or do not have any procedure."

A2. Are you willing to take part?
"Would you like to take part in this project? It has three conversations. You do not have to, and saying no has no consequences."
[ ] Yes [ ] No. If no, thank them and stop.
Confirm they are 18 or over. If not, do not continue.

A3. You can stop at any time
"You can skip any question, pause, or stop the conversation at any time, and you do not have to give a reason. If at any point you feel uncomfortable, tell me and we will stop straight away."

A4. Recording, and the blog
"I would like to record our conversation. Did you know that parts of the recording, or the transcript, may be uploaded to my blog, which other people can read or listen to?"
Ask which of these they agree to:

- [ ] Audio may be uploaded to the blog
- [ ] Only a written transcript, with no audio
- [ ] Used in my project only, and not put on the blog
- [ ] I do not agree to be recorded (then take handwritten notes only)

"A voice can sometimes be recognised. If you prefer, I can use a written transcript instead."

A5. Your photos
"I will use a photo of you and make an AI image of it, based on your own description. Do you agree to this? Do you agree that the original photo and the AI image may be shown on the blog? You can choose that they are not shown."

- [ ] Both may be shown [ ] Only the AI image [ ] Neither on the blog, used privately only
- Offer to crop or blur anything that identifies them.

A6. Privacy
"On the blog I will only call you by a number, such as Participant 3, and not by your name. I will leave out your workplace or anything else that could identify you. I will store the recordings and photos safely, and I will not share them for any other purpose."

A7. Withdrawing and deleting
"If you change your mind later, you can ask me to remove your recording, photos and answers. Before anything is posted, you can ask to hear or read what I plan to use. Here is how to reach me."
Give your contact details, and agree a date after which material goes on the blog.

A8. Feelings and support
"Talking about your appearance can sometimes bring up difficult feelings. If it does, we can pause or stop. I cannot give psychological advice. If you would like to talk to someone, I can point you to a qualified professional."

A9. Questions, then agreement (on the recording)
"Do you have any questions? Having heard all this, are you happy to go ahead?"
[ ] Questions answered [ ] Agreed to take part [ ] Agreed to the recording choice above [ ] Agreed to the photo choice above

Consent record, one per participant

Item	Answer
Participant number	
Over 18, willing to take part	Yes / No
Knows the recording may go on the blog	Yes / No
Recording choice (audio / transcript only / project only / none)	
Photo choice (both / AI only / neither)	
Knows they can stop or withdraw at any time	Yes / No
Date and how consent was given (recorded / written)	

Keep checking during the session. At three points ask: "Are you still comfortable to continue?" before the images are shown, after the images are shown, and at the end. If the answer is no or unsure, pause or stop, and respect it.

Part B. The Round 1 intervention

Materials

- The participant's original photo, with their agreement (Part A, A5).
- An AI image made from the participant's own description in Q1. Make it as they described it, with no extra enhancement.
- The two images side by side when shown.
- A recorder, and the consent record sheet.

Steps

Step 1. Complete Part A. Start the recording, and ask for agreement again.

Before any image is shown

> **Q1.** Which part of your appearance would you like to change, and what would you like it to look like?

> **Q2.** When did you first have this idea? Was there a specific experience that influenced you?

Step 2. Baseline Q4 to Q7, the first time. Ask the four fixed questions now, before the AI image, so there is a first record. That is what makes it possible to see the effect of the image afterwards.

> **Q4.** Why are you considering this change to your appearance now?

> **Q5.** What do you hope this change will bring you, and why does that matter to you?

> **Q6.** What do you value most right now, and what is still unclear to you?

> **Q7.** What are you leaning towards doing at the moment, and what are your main reasons?

Step 3. Check-in. "Are you still comfortable to continue? I am about to show you your photo and an AI image."

Step 4. Show the original photo and the AI image, with this statement:
"This AI image is a visual simulation made from your own ideas. It does not mean that real medical treatment will definitely achieve this result."

After the images are shown

> **Q3.** How do you react to the image? Did it change your original thinking? How, specifically?

Step 5. Q4 to Q7 again, the same four fixed questions, so the answers can be compared with the baseline.

Step 6. Close. "Are you still comfortable with everything we have recorded? Is there anything you would like me to leave out?" Thank them, repeat that they can withdraw later, and give the contact details again. Offer to point them to a qualified professional if the conversation raised difficult feelings.

Notes for the interviewer

- Keep your words and tone neutral. Do not suggest that the AI image looks good or bad, or that they should or should not go ahead.
- Do not argue with the answers. Pausing, changing the plan and going ahead are all fine.
- Do not diagnose. If a participant seems very distressed, stop the questions, offer to stop, and suggest a qualified professional.
- Round 1 answers feed Round 2 and Round 3, where the participant's own words are shown back to them.