好的，谢谢你参加这次研究。这次研究主要是关注与人们再决定进行医美项目之前如何理解自己想改变外貌的原因。在这个过程中，我会问你一些关于外貌改变的想法。

Okay, thank you for participating in this study. This study mainly focused on how people understand their reasons for wanting to change their appearance before deciding to undergo aesthetic procedures. During this process, I will ask you some thoughts on changing your appearance.

然后我会根据你自己的要求对你的照片进行一个视视觉模拟，让你看到如果按照你的想法去改变之后大概会是什么样子的。之后我会把原始照片和修改过后的照片放在一起让你进行比较。

Then, according to your own requirements, I will perform a visual simulation of your photos, so you can see what it would look like if you changed it according to your ideas. Afterwards, I will compare the original photos with the edited ones for you to compare.

最后我会再问你一些关于想法动机决定的问题。这里没有正确或者是错误的答案，我也不会告诉你该怎么去做，或者不该怎么去做。我想了解的是你真实的想法，你是否理解这次研究的目的？嗯，那你是否自愿参加这次研究？是的，你是否愿意？你的回答以匿匿名的形式用于我的学术研究。

Finally, I will ask you some questions about the motivation behind the decision-making of ideas. There is no right or wrong answer here, and I won't tell you what to do or what not to do. What I want to know is your true thoughts. Do you understand the purpose of this research? So, did you volunteer for this study? Yes, are you willing? Your answer is anonymously used for my academic research.

愿意你是否同意你的照片在本次研究过程中用于视觉模拟?

Would you agree to use your photos for visual simulation during this

study?

创意你如果哦，是否同意这次被录音，嗯，同意好的，那你目前有没有一个真实的自己想改变的一个地方，或者是，嗯，一个就是你想改变的一种样式。

Creative, if you agree to be recorded this time, okay? Then do you currently have a real part of yourself you want to change, or a style you want to change?

不用说，具体的一个部位就是你想变得更幼态一些，这种也算是改变的没有。

Needless to say, the specific part is that you want to become more juvenile, and this is considered a change or not.

你什么都不想改变吗？我也不知道。

Don't you want to change anything? I don't know either.

嗯，目前你什么都没想改变。那你刚刚为什么问我双眼皮的？因为想起来了哦，好的，就是，如果你要是让我非弄一个。

Well, for now, you don't want to change anything. Then why did you just ask me about double eyelids? Because I remembered, okay, if you have to make one,

就是如果作为一个就是正经的聊天的那种，那就没有，嗯

If you're just having a serious conversation, then no, hmm

你想你想变得更幼态，是吗？

You want to be more childish, don't you?

嗯，就是好的，嗯，那按照你理想中的这个幼态的这个状态你希望你的哪些部位变得怎么样?

Yes, it's good. So, based on your ideal state of youth, which parts do you want to become?

眼睛大然后呢?

What about big eyes?

你还有吗？嗯?

Do you have any more? Hmm?

把方圆脸改成。

Change the square-round face to.

不对吧，阔面脸改成了窄脸。

Wait, the wide face was changed to a narrow face.

对好的，那按那这个改变对于你来说有多重要呢?

Okay, so how important is this change to you?

不重要，一到十分你可以去评一个分。

It doesn't matter; you can give it a score from ten to ten.

嗯，散粉好，那你平时有经常想要去改变这个部位吗？就是想会想到吗?

还好不会OK，那你为什么想去做这个改变?

Hmm, loose powder is good. Do you often want to change this area? Do you think about it? Luckily, it's not OK, so why do you want to make this change?

就是你哪来的？这个就是这个想法，你为什么变想去变幼态？就是这个世界上不是有很有骨相立体有太自然，你为什么就想去变犹太？你感觉适合你感觉适合幼态的那个什么好的，那你大概是从什么时候就想去变得幼态一些?

"Where did you come from?" This is the idea: why do you want to change into a young state? It's because there aren't very three-dimensional bone structures in this world, so why do you want to become Jewish? If you feel that the one that suits you and your youthful state is good, when did you start wanting to become more immature?

知道自己本来就幼态的时候。

When you realise you are already childish.

不是你说就是你觉得自己就是本来就不不太显年纪的时候是吧？你想让他更不显年纪那有没有?

It's not that you think you don't look that old to begin with, right? You want him to look even less aged, right?

嗯，就是你觉得这个改变更多是来自于你自己对自己的一个了解，还是说外界因素给你的这个影响?

So, do you think this change comes more from your own understanding of yourself, or from external factors affecting you?

我思考一下。

Let me think about it.

外界吧，因为如果没有外界的话，我不会想去改变那个酸汤鱼。那哪些外界因素会影响你自己的外貌呢？就比如说社交媒体朋友父母家庭那个变美的咨询师，或者是你的工作。

Outsiders, because without the outside world, I wouldn't want to change that sour soup fish. So, what external factors influence your own appearance? For example, social media friends, parents, family, beauty consultants, or your own job.

或者是什么？一些原因，一是工作，二是P图的时候，别人或者是看到有的不会拍照的人拍到的照片。

Or what? There are several reasons: first, work, and second, when editing photos, others or people who don't know how to take photos take photos.

哦哦，那你会不会把自己的外貌和别人进行比较呢？不会，嗯，那当你进行这些比较，哦哦，你不会进行改比较对吧？嗯，那如果说这些部位真按你所说的改变，你会觉得你的生活之中发生了什么变化。

Oh, oh, so do you compare your appearance to others? No, hmm, when you make these comparisons, oh, you don't make corrections, right? Well, if these areas really change as you say, you will feel that something has changed in your life.

嗯，或许。

Well, maybe.

会比纯努力工作有点变化就是会更开心吗?

Will it be happier if you change a little compared to working hard enough?

那你希望这个外貌改变最终能给你带来什么?

So what do you hope this change in appearance will ultimately bring you?

不用P图。

No need to edit the image.

嗯，好的，那我现在会用你一张比较清晰的正面照，嗯，然后根据你的想法去改变这个正面就会改变这张照片。那你希望改变的程度有多大?

Alright, now I'll use a clearer front photo, and adjust the front view according to your ideas. So how much do you hope to change?

嗯，就是微调什么的就不要不要改变你的五原本的五官，但是要往稍微轻微的幼态，嗯。

Hmm, just make slight adjustments and don't change your original facial features, but make sure to slightly reduce your youthful state.

就会，嗯，那你有没有什么地方是你明确不希望被我改变的突然我交完作业。

Yes, hmm, is there anything you clearly don't want me to change? Suddenly, I finish my homework.

你不希望你的圆的脸被改变对，嗯，好的。

You don't want your round face to be changed, right, well, okay.

好的，那我现在已经改变好了。

Alright, I've already changed now.

嗯，好的，嗯，那那给你看一下这个照片两这两张照片的对比，嗯，你第一眼会更喜欢哪张照片?

Okay, okay, let me show you a comparison of these two photos. Which one do you like better at first glance?

那你看到修改过后自己你是什么感觉?

So how do you feel when you see yourself after the changes?

感觉变好看了耶，很开心。嗯，那修改过后的图片中有没有哪些地方比你预想的更好?

It looks better, I'm really happy. So, after the edits, are there any parts of the image that are better than you expected?

不是就是就什么意思就是你修改过后的这个会不会就是比你预想中的感觉更适合你，或者是更不适合你会更适合？嗯，那你看到修改过后照片你还会想进行同样的改变吗?

No, what does it mean? After you make changes, will the version feel better for you than you expected, or maybe it doesn't fit you better? So, after seeing the photo after editing, do you still want to make the same changes?

会好的。嗯，那那看到这个图片后有没有让你重新思考自己为什么想去做这个改变?

It will be fine. So, after seeing this picture, did it make you rethink why you wanted to make this change?

会会的，我觉得我们已经可以讲了这个他让你意识到了什么，意识到了人要精致。

Yes, I think we can already talk about what he made you realise, realising that people need to be refined.

其实我很累自己心情也会很好，对吗？嗯，那就是。如果说现在重新问你一次的话，你还会想你还觉得自己想真正改变的原因还是因为刚和刚刚说的一样吗?

Actually, I'm tired and feel good too, right? Well, that's it. If I asked you again now, would you still think the real reason you want to change is because it's the same as what you just said?

嗯，会好一点，但是不是我觉得会在就就你们两天之前的基础上有略微的差别。差别的点在于你选一个就是。

Hmm, it will be a bit better, but I don't think there will be a slight difference based on what you did two days ago. The difference is that you choose just one.

嗯，会

Yes, yes

会让我改变对医美的状态。

It will change my attitude toward medical aesthetics.

嗯，那你有没有对自己的这个反应感觉到很意外?

Hmm, did you feel surprised by your own reaction?

真的时候有点儿什么，因为本身是拒绝医美。嗯，那经过这个变化后，你有，嗯，你还是想去变得更幼态嘛，就是你更确定你想要这个方向，还是说没有那么确定，还是说基本和之前是保持一致的。

Sometimes it's a bit much, because I originally refuse cosmetic procedures. After this change, do you still want to become more immature? You are more certain about the direction you want to go, or are you less certain, or basically the same as before?

差不多一致，因为我觉得你调完的更好看。嗯，那就是你想改变程度，有没有发生很大的变化。就比如说你本来只是想轻微的改动，但是你觉得现在就是轻微改动以后你想要更大幅度的改动小的时候，然后不会考虑，但是我会更考虑改动完的后后一阵子。

Almost the same, because I think you look better after adjusting it. Well, that's how much you want to change—has there been a big change? For example, if you originally only wanted minor changes, but you think now is the time to make minor changes after a minor change, and you don't think about it, but you tend to think more about it for a while after the changes.

嗯，那你有没有想改变的部分哦，那个没事，这个就那个什么没有场合突然需要穿一些，如果说今天就让你决定的话，你会怎么选？然后，嗯，如果今天就让你说就是现在就让你考虑到底是做还是不做，还是说再考虑一段时间，还是说再去了解更多的讯息以后再做你会怎么了解更多的讯息去做，嗯，那如果没有刚刚这个过程，你会做出同样的决定吗?

Hmm, is there anything you want to change? It's fine, just something you suddenly need to wear for no occasion. If you had to decide today, what would you choose? Then, if today you were to decide whether to do it now or not, or to think about it for a while, or to learn more

information later, how would you do it? Well, if it hadn't been for this process, would you make the same decision?

不会没有刚刚这个过程会直接选择拒绝。

There is no reason why they would directly choose to refuse during this process.

就是好的，是什么情况下呀？这个是什么让你的决定发生了改变，就是这个对比的过程是吗？让你决定你还是适合你的，对吧？那如果你真的准备这个进行这个医美项目的话，你下一步想去了解更多的信息，还是说想去在等待，还是说不做，还是说咨询医生还是去?

It's fine. Under what circumstances? What made your decision change? Is this process of comparison? Let you decide whether you're right for you or what's right for you, right? If you are really preparing for this medical aesthetics procedure, do you want to learn more information next? Do you want to wait, not to proceed, consult a doctor, or go?

和朋友交谈，家人交谈的你会还是什么都不做你会选择怎么样?

When talking with friends or family, would you do nothing and choose to do nothing?

会等待，还会等待。嗯，好的就是还是会自己想一下是吧，因为会考虑对维护的那个后果会比做完以后好看那个瞬间更更麻烦。好的，嗯，对，那哪个环节对于你来说会比较有意义呢?

They will wait, and they will wait. Well, the good thing is that you still think about it yourself, because considering the consequences of maintenance is more troublesome than the moment it looks good after it's done. Alright, yes, which part is most meaningful to you?

嗯，我和就是我们。

Well, I and I are us.

好的，如果说现在问你一个问题，你觉得一个女性在决定医疗改变医疗变美，改变自己之前，最应该问自己的问题是，什么是不是自己真的想去的做的？然后，嗯，上一辈人也就是否是真的因为自己的原因而去做，就是为了讨好什么？

Alright, if I ask you a question now, before a woman decides to change medical care to become more beautiful or change herself, the most important question she should ask herself is: what is it that she truly wants to do? Then, well, did the older generation really do it for their own reasons, just to please something?

嗯，好的，那非常感谢你参加我们的

Well, okay, thank you very much for joining us